



Menu pranzo / Lunch menu

Da ordinare in anticipo presso la Reception / To be ordered in advanced by the Reception

Bruschetta al pomodoro / Toasted bread with Tomatoes (allergene 1+8+11)	€ 6,00
Crostone con Pecorino e Prosciutto (allergene 1+7+8+11) Toasted bread with Pecorino Cheese and Ham	€ 8,00
Selezione di Affettati / Cold Cuts selection	€ 10,00
Selezione di Formaggi / Pecorino Cheeses selection (allergene 7)	€ 12,00
Selezione di Affettati e Formaggi / Selection of Cold Cuts and Cheeses (allergene 7)	€ 14,00
Biscotto di Grano, Tonno, Pomodoro fresco e Basilico (allergene 1+4+7+8+11) Wheat Biscuit with Tuna, fresh Tomatoes and Basil	€ 12,00
Toast Prosciutto Cotto e Formaggio / Ham and Cheese Toast (allergene 1+7)	€ 8,00
Sandwich Prosciutto Crudo / Prosciutto Sandwich (allergene 1)	€ 8,00
Sandwich Tonno, Pomodoro e Basilico / Tuna, Tomatoes and Basil Sandwich (allergene 1+4)	€ 9,00
Spaghetti Pomodoro e Basilico (allergene 1) Spaghetti with Tomatoes and Basil	€ 11,00
Spaghetti Pomodoro ed Olive (allergene 1+12) Spaghetti with Tomatoes and Olives	€ 11,00
Insalata Rucola, Pomodoro e Grana / Arugola Salad, Tomatoes and Parmesan (allergene 7)	€ 11,00
Caprese / Caprese with Tomatoes and Mozzarella Cheese (allergene 7)	€ 11,00
Misticanza, Finocchi, Pollo e Pinoli / Mix salad, Fennel, Chicken and Pine nuts (allerg. 8)	€ 14,00
Misticanza, Tonno, Uova, Formaggio, Olive, Mais, Pomodoro, Noci Mixed Salad, Tuna, Eggs, Cheese, Olives, Corn, Tomatoes, Nuts (allergene 1+3+4+7+8+12)	€ 14,00
Gelato / Ice Cream (allergene 3+7+8) Artigianale / Handmade Ice Cream	€ 8,00
Cornetto cioccolato e panna / Cone chocolate and cream	€ 5,00
Sorbetto al Limone / Lemon Sorbet (allergene 3)	€ 7,00
Frutta Fresca Affettata / Fresh Sliced Fruit	€ 10,00



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ALLERGENE / ALLERGEN	ESEMPI / EXSAMPLES
1. GLUTINE / GLUTEN	Cereali, grano, segale, orzo, avena, farro, kamut, inclusi ibridati e derivati <i>Cereals, wheat, rye, barley, oats, spelled, kamut, including hybridized products and derivatives</i>
2. CROSTACEI E DERIVATI SEAFOOD AND DERIVATIVES	Sia quelli marini che d'acqua dolce: gamberi, scampi, aragoste, granchi, paguri e simili <i>Both marine and freshwater ones: shrimps, prawns, lobsters, crabs, hermit crabs and the like</i>
3. UOVA E DERIVATI EGGS AND DERIVATIVES	Tutti i prodotti composti con uova, anche in parte minima. Tra le più comuni: maionese, frittata, emulsionanti, pasta all'uovo, biscotti e torte anche salate, gelati e creme ecc <i>All products made with eggs, even if only slightly. Among the most common: mayonnaise, omelette, emulsifiers, egg pasta, biscuits and even savory pies, ice cream and creams etc.</i>
4. PESCE E DERIVATI FISH AND DERIVATIVES	Inclusi i derivati, cioè tutti quei prodotti alimentari che si compongono di pesce, anche se in piccole percentuali <i>Including derivatives, i.e. all those food products made up of fish, even if in small percentages</i>
5. ARACHIDI E DERIVATI PEANUTS AND DERIVATIVES	Snack confezionati, creme e condimenti in cui vi sia anche in piccole dosi <i>Packaged snacks, creams and condiments in which there is also in small doses</i>
6. SOIA E DERIVATI SOYA AND DERIVATIVES	Latte, tofu, spaghetti, etc. <i>Milk, tofu, spaghetti, etc.</i>
7. LATTE E DERIVATI MILK AND DERIVATIVES	Yogurt, biscotti e torte, gelato e creme varie. Ogni prodotto in cui viene usato il latte <i>Yogurt, biscuits and cakes, ice cream and various creams. Any product where milk is used</i>
8. FRUTTA A GUSCIO E DERIVATI NUTS AND DERIVATIVES	Tutti i prodotti che includono: mandorle, nocciole, noci comuni, noci di acagiù, noci pecan e del Brasile e Queensland, pistacchi <i>All products that include: almonds, hazelnuts, common walnuts, cashew nuts, pecans and Brazil and Queensland nuts, pistachios</i>
9. SEDANO E DERIVATI CELERY AND DERIVATIVES	Presente in pezzi ma pure all'interno di preparati per zuppe, salse e concentrati vegetali <i>Present in pieces but also inside preparations for soups, sauces and vegetable concentrates</i>
10. SENAPE E DERIVATI MUSTARD AND DERIVATIVES	Si può trovare nelle salse e nei condimenti, specie nella mostarda <i>It can be found in sauces and condiments, especially in mustard</i>
11. SEMI DI SESAMO E DERIVATI SESAME SEEDS AND DERIVATIVES	Oltre ai semi interi usati per il pane, possiamo trovare tracce in alcuni tipi di farine <i>In addition to the whole seeds used for bread, we can find traces in some types of flour</i>
12. ANIDRIDE SOLFOROSA E SOLFITI IN CONCENTRAZIONI SUPERIORI A 10 MG/KG O 10 MG/L ESPRESSI COME SO₂ - SULFUR DIOXIDE AND SULPHITES IN	Usati come conservanti, possiamo trovarli in: conserve di prodotti ittici, in cibi sott'aceto, sott'olio e in salamoia, nelle marmellate, nell'aceto, nei funghi secchi e nelle bibite analcoliche e succhi di frutta



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CONCENTRATIONS ABOVE 10 MG / KG OR 10 MG / L EXPRESSED AS SO ₂	<i>Used as preservatives, we can find them in: canned fish products, in pickled foods, in oil and in brine, in jams, in vinegar, in dried mushrooms and in soft drinks and fruit juices</i>
13. LUPINO E DERIVATI LUPIN AND DERIVATIVES	Presente ormai in molti cibi vegan, sotto forma di arrosti, salamini, farine e similari che hanno come base questo legume, ricco di proteine Present now in many vegan foods, in the form of roasts, salamis, flours and the like that have as a basis this legume, rich in proteins
14. MOLLUSCHI E DERIVATI CLAMS AND DERIVATIVES	Canestrello, cannolicchio, capasanta, cuore, dattero di mare, fasolaro, garagolo, lumachino, cozza, murice, ostrica, patella, tartufo di mare, tellina e vongola etc. <i>Canestrello, razor clam, scallop, heart, sea date, fasolaro, garagolo, snail, mussel, murice, oyster, patella, sea truffle, tellina and clam etc.</i>